

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Selby Nkwana**

Has successfully participated & completed the  
**5km Shift Wellness - Summer Trail Run**  
held at Walter Sisulu Garden.

**TIME 00:24:56**

**PACE 04:58/km**  
**OVERALL 1 of 114**

**GENDER 1 of 42**  
**OPEN 1 of 18**

27 January 2019, Sun

Date



*BoutTime*

Signature

